

13.

Trusting Your Man to Open You



Dear lover, you have told me about the men you have been with in the past. You have told me why you left them, or why they left you. Hearing you talk of some of them, I can understand your mistrust of men. I can understand why you sometimes hold your love back from me and don't trust to surrender your heart and body wide open to me.

But I also wonder, why did you choose me if you really don't trust me? Or, is your mistrust just residue of tension from your past? Why did you choose those other men in your life, the men who in the past have failed, in one way or another, to allow you to surrender your yearning open as love's offering without the tension of mistrust?

You have told me how deeply you long to surrender open with a man you can trust. I hope I can be that man. I will practice with you so our loving continues to deepen beyond our remaining fear. But even as we practice opening together, I sometimes feel you closing to me and I wonder, are you choosing to stay with me even though you don't trust me to open you to God?

Your lover is with you for the sake of love; he wants you to receive his masculine love and he wants to receive your feminine love. He wants you to trust his gift of heart-direction more than your own and you want him to value your gift of heart-light more than his own—it would disturb you if he spent more hours looking in the mirror admiring his own body's shine than yours.

You want him to notice—in fact, worship—your body's radiant beauty and your heart's light of divine love and he wants you to acknowledge and worship his heart's capacity to spiritually and sexually ravish you open to God. This two-bodied devotion only works when two bodies are better than one; when you are opened more by his deep command and heart-guidance than by your own efforts, and he is opened more by being drawn into your heart of devotion more deeply than his self-enclosure would otherwise allow him.

If you don't trust your man's capacity to take you open where you want to go spiritually and sexually—*more than you trust your own*—then you won't open fully with him, nor should you. If he is more committed to attending to his own radiance than yours, and you are more committed to surrendering to your own heart's direction rather than his, you are both still too self-involved to offer your deepest gifts and open without bounds.

Your independence will evoke his independence: he will find ways to receive feminine radiance without you. He will spend time in nature's radiance—surfing, hiking, skiing—or he'll choose to relax with the energy of music or a soothing beer rather than with your untrusting heart.

Due to your shells of mistrust, you may have chosen a man who *can't* guide your body and heart open to God better than you, directing your life so love's fullness flows unimpeded. Maybe you *are* better at opening yourself than he is at opening you. If so, you are better off trusting your self-guidance than his.

But if you are with such a man, you have *chosen* him. You have probably come to mistrust external masculine guidance—perhaps you inherited such mistrust from your experience with your parents or past intimate betrayal—and so you have chosen a man who justifies your fearful need to direct your own life.

Your man will feel your lack of trust and you will feel the weakness of his loving command in your life. You can love each other as two independent and self-responsible people, but you will never surrender open in love's most blissful dissolution and he will never commit himself completely in his claim of your heart. You would do better to stay in a safe relationship of two self-reliant and autonomous people than to fake devotion to a man's direction that you do not trust more than yours.

But if you are ready to live a love larger than one body, if you are ready to trust a man's deep presence to wedge you open so the flow of love can open your boundaries beyond self-centered moods of protection, then you are ready to practice the art of *fully* offering your feminine gifts, and thereby fully reciprocating your lover's masculine gifts. Your heart-offered devotion inspires his deep consciousness to open through his fears more than he would open by himself.

You always attract your reciprocal. A woman who worships a man's depth of masculine consciousness attracts and inspires a man who worships her

heart of devotional feminine radiance. The openness you induce in one another through your worship expands your capacity to love far beyond each of your bodies, beyond even your two-bodied ecstasy, unfolding your love outward to infinity, feeling every heart's yearning, breathing open wider than the moon and sun and stars. Your sexual embrace can open you to God through the loving worship of masculine consciousness and feminine light.