

21

Stay With Her Intensity—To a Point

When a woman gets emotionally intense, a mediocre man wants to calm her down and discuss it, or leave and come back later when she is “sane.” A superior man penetrates her mood with imperturbable love and unwavering consciousness. If she still refuses to live more fully in love, after a time, he lets her go.

▼
If you are like most men, you probably aren't too fond of feminine bad moods and hysterical emotions. You may find yourself wondering, why is she so complicated? What's her problem? You may find yourself saying, “Just calm down and take it easy.” The feminine bad mood is so foreign and dark to you that you may actually find it somewhat repulsive. And when your woman really goes wild, a part of you is afraid of the damage she might do. Her emotions are so much more wild and less predictable than yours that you'd rather not be around them.

Basically, most men are afraid of, or disgusted by, feminine emotions. That's why you try to fix them or escape from them. “I'll come back later when you can act like a reasonable human being,” you might say.

One of the deepest feminine pleasures is when a man stands full, present, and unreactive in the midst of his woman's emotional storms. When he stays present with her, and loves her through the layers of wildness and closure, then she feels his trustability, and she can relax.

The way you relate to your woman's chaos reflects the way you react to the chaos of the world. If you are the kind of man who needs everything placed neatly in its nice little box, then you will also try to box your woman's emotions. If you are the kind of man who would rather hire other people to take care of the chaos in your attic, or the chaos of your finances, you would probably also rather leave it to someone else to take care of the chaos of your woman.

You can, however, train yourself to master the world—financially, creatively, spiritually—by learning how to be free and loving in the chaos of your woman's emotions. And you do so by standing your ground and loving so strongly that only love prevails. You can't quit when you seem to fail, but rather, you must learn from your failures and return to love. Give your gift. Like wrestling a steer or surfing ocean waves, mastery involves blending with your woman's powerful energy and feeling the rise and fall of the moment, without lapsing in presence for a second.

You're going to get stamped on by the steer, you're going to get swamped by the ocean, and you're going to get hurt by your woman. This is how you learn. You get up, dust yourself off, swim to shore, and turn and face your woman again. The only options are fear or mastery. You can quit, you can choose small steer and tiny waves, you can wait for your woman to calm down, or you can even threaten her. Or, you can take the moment as a challenge to your ability to conquer the world, and your woman, with love.

Keep your breath full. Keep your body strong. Keep your attention present. No matter what your woman says or does, give her love. Press your belly into her. Smile. Scream and then lick her face. Do whatever it takes to crack the shell of her closure, get your love inside that crack, and touch her heart. Learn to enjoy her anger, her tears, her silent hardness. The world will give you the same at times.

The game of life is to find each situation workable, to transform each occasion through the magnification of love, to give your fullest gift in

every moment, and to have no attachments to the outcome, knowing it's all going to rise and fall and rise again.

You have mastered women and the world when no desire either to avoid or attain sways your loving or limits your freedom. ♦